

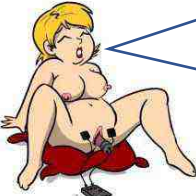
E-Stim Diary

Date: Description:

E-Stim Control Box & Settings

Control Box: Settings:

Channels: 1 2 3 4 5 6



Try to record enough information to allow you to easily recreate your e-stim session. Time taken completing a stimulating diary is never wasted. It is important to note settings on your control box as well as electrode positions. Have Fun!

Electrodes & Positions

Channel 1 - Electrodes:

Positions:

Channel 2 - Electrodes:

Positions:

Other Channels Electrodes:

Positions:



Notes:

Results: 1 2 3 4 5 6 7 8 9 10
BAD AMAZING

